

GLCYA Age Breakdown

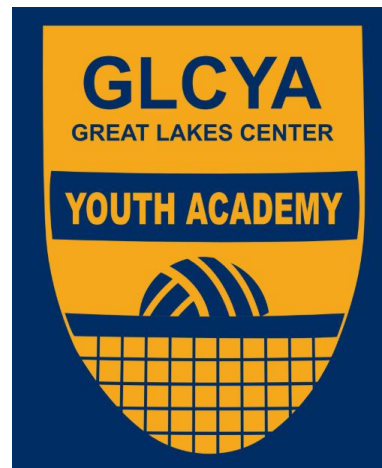
<u>Level</u>	<u>Age/Grade Range</u>	<u>Gender</u>	<u>Page</u>
Volley Tikes	3 years old - Kindergarten	Co-Ed	Page 2
Volley Tots™	1st - 2nd Grade	Co-Ed	Page 2
Level 1	3rd - 4th Grade	Co-Ed	Page 3
Level 2	5th - 6th Grade	Girls Only	Page 4

**Boys in 5-8th Grade should sign up through
the SPVB Boys Middle School program

<https://greatlakescenter.com/spvb-boys-program/>

Visit the Volleyshop to purchase GLCYA apparel for the 2019-2020 season:

<http://volleyshopglc.com/teams/glcya/>





GLCYA Volley Tikes and Volley Tots™



Volley Tikes: 3 years old through Kindergarten Co-Ed

Volley Tots: 1st-2nd Grade Co-Ed

A motor development program centered around developing quickness, jumping, overall coordination & agility, hand-eye skills and throwing ability. The training takes place in a 60 minute program where the emphasis is on "FUNdamentals"

Session #1/September	Practice Day	Time	Cost (does not include t-shirt)
Session #1M September 9, 16, 23, 30	Monday	4:30 - 5:30 pm	\$60 / 4 week class
Session #1T September 10, 17, 24, October 1	Tuesday	4:30 - 5:30 pm	\$60 / 4 week class

Register at <https://youth.greatlakescenter.com/volleytots-and-tikes/>

Session #2/October	Practice Day	Time	Cost (does not include t-shirt)
Session #2M October 7, 14, 21, 28	Monday	4:30 - 5:30 pm	\$60 / 4 week class
Session #2T October 8, 15, 22, 29	Tuesday	4:30 - 5:30 pm	\$60 / 4 week class

Register at <https://youth.greatlakescenter.com/volleytots-and-tikes/>

Session #3/January & February	Practice Day	Time	Cost (does not include t-shirt)
Session #3M January 20, 27, February 3, 10	Monday	4:30 - 5:30 pm	\$60 / 4 week class
Session #3T January 21, 28, February 4, 11	Tuesday	4:30 - 5:30 pm	\$60 / 4 week class

Register at <https://youth.greatlakescenter.com/volleytots-and-tikes/>

Session #4/February & March	Practice Day	Time	Cost (does not include t-shirt)
Session #4M February 24, March 2, 9, 16	Monday	4:30 - 5:30 pm	\$60 / 4 week class
Session #4T February 25, March 3, 10, 17	Tuesday	4:30 - 5:30 pm	\$60 / 4 week class

Register at <https://youth.greatlakescenter.com/volleytots-and-tikes/>

Session #5/April & May	Practice Day	Time	Cost (does not include t-shirt)
Session #5M April 6, 13, 20, 27, May 4	Monday	4:30 - 5:30 pm	\$70 / 5 week class
Session #5T April 7, 14, 21, 28, May 5	Tuesday	4:30 - 5:30 pm	\$70 / 5 week class

Register at <https://youth.greatlakescenter.com/volleytots-and-tikes/>

Visit the Volleyshop to purchase GLCYA apparel for the 2019-2020 season: <http://volleyshopglc.com/teams/glcya/>



GLCYA Level 1

3rd-4th Grade Co-Ed



At this level players begin to develop the foundation skills for volleyball including underhand passing, overhand passing, attacking and serving. Small sided drills and games are used to maximize high quality repetition. Competition is played on a smaller court with 3-4 players to ensure that all players develop proper fundamentals and movement skills while learning to play all positions. We want each player to learn each skill equally well and avoid any and all specialization at this age.

Session #1/September & October	Practice Day	Time	Cost (does not include apparel)
September 9, 16, 23, 30, October 7, 14, 21, 28	Monday	4:30 - 6:00 pm	\$175 / 8 week class
September 10, 17, 24, October 1, 8, 15, 22, 29	Tuesday	4:30 - 6:00 pm	\$175 / 8 week class
September 11, 18, 25, October 2, 9, 16, 23, 30	Wednesday	4:30 - 6:00 pm	\$175 / 8 week class
September 12, 19, 26, October 3, 10, 17, 24	Thursday	4:30 - 6:00 pm	\$175 / 8 week class

*The week of Oct 28-31 the Thursday class can attend that Monday, Tuesday or Wednesday; No class will be held on Oct 31

**If registering for any combination of 2 days the total cost would be \$325

Register at <https://youth.greatlakescenter.com/level-1/>

Session #2/November & December	Practice Day	Time	Cost (does not include apparel)
November 3, 10, 17, December 1, 8, 15	Sunday	3:30-5:00pm	\$140 / 6 week class

Register at <https://youth.greatlakescenter.com/level-1/>

Session #3/January, February & March	Practice Day	Time	Cost (does not include apparel)
January 6, 13, 20, 27, February 3, 10, 24, March 2, 9, 16	Monday	4:30 - 6:00 pm	\$210 / 10 week class
January 7, 14, 21, 28, February 4, 11, 25, March 3, 10, 17	Tuesday	4:30 - 6:00 pm	\$210 / 10 week class

**If registering for 2 days the total cost would be \$395

Register at <https://youth.greatlakescenter.com/level-1/>

Session #4/April & May	Practice Day	Time	Cost (does not include apparel)
April 6, 13, 20, 27, May 4, 11, 18, June 1	Monday	4:30 - 6:00 pm	\$175 / 8 week class
April 7, 14, 21, 28, May 5, 12, 19, 26	Tuesday	4:30 - 6:00 pm	\$175 / 8 week class

**If registering for 2 days the total cost would be \$325

Register at <https://youth.greatlakescenter.com/level-1/>

Visit the Volleyshop to purchase GLCYA apparel for the 2019-2020 season:

<http://volleyshopglc.com/teams/glcya/>



GLCYA Level 2

5th-6th Grade Girls



This is the level where repetitive skill training begins to reinforce muscle memory so players can begin to execute and repeat skills at an elite level. Players at this level will play in a 6 vs. 6 competitive environment as they work to master ball control, setting and attacking skills.

Fall Training Academy	Practice Day	Time	Cost (does not include apparel)
September 9, 16, 23, 30, October 7, 14, 21, 28	Monday	6:00-8:00pm	\$275 / 8 week class
September 10, 17, 24, October 1, 8, 15, 22, 29	Tuesday	6:00-8:00pm	\$275 / 8 week class
September 11, 18, 25, October 2, 9, 16, 23, 30	Wednesday	6:00-8:00pm	\$275 / 8 week class
September 12, 19, 26, October 3, 10, 17, 24	Thursday	6:00-8:00pm	\$275 / 8 week class

*The week of Oct 28-31 the Thursday class can attend that Monday, Tuesday or Wednesday; No class will be held on Oct 31

**If registering for any combination of 2 days the total cost would be \$475

**Will play in 2 in-house tournaments

Register at <https://youth.greatlakescenter.com/level-2/>

Winter Training Academy	Practice Day	Time	Cost (does not include apparel)
November 3, 10, 17, December 1, 8, 15	Sunday	3:30-5:30pm	\$215 / 6 week class

Register at <https://youth.greatlakescenter.com/level-2/>

Club Program	Practice Day	Time	Cost (does not include apparel)
January 6 - May 24	Monday & Tuesday	4:15-6:15pm	\$1,000 / January - May

**No practice Feb 17 or 18th due to President's Day

**Will play in 14 competition days

Register at <https://youth.greatlakescenter.com/level-2/>

Winter Session	Practice Day	Time	Cost (does not include apparel)
January 6 - March 17	Monday & Tuesday	4:15-6:15pm	\$700 / January - March
January 6 - March 16	Monday Only	4:15-6:15pm	\$400 / January - March

**No practice Feb 17 or 18th due to President's Day

**Will play in 8 competition days

Register at <https://youth.greatlakescenter.com/level-2/>

Spring Session	Practice Day	Time	Cost (does not include apparel)
April 6 - May 24	Monday & Tuesday	4:15-6:15pm	\$595 / April - May
April 6 - May 24	Monday Only	4:15-6:15pm	\$395 / April - May

**Will play in 6-8 competition days

Register at <https://youth.greatlakescenter.com/level-2/>